

DISCOUNT PROGRAM

4Fitness at the Sheraton Advanced Massage Therapy

One Monarch Place

4th Floor

Springfield, MA 01044

Peter Adzima (Massage Therapist) (413)262-9821; Health Club (413)263-2044 Save \$15

On a One Hour Massage, regularly \$85. Cost with card \$70 Member's name must be listed on HNE ID card. Discount does not apply toward insurance, and pip injury case treatment for document claims. Current Membership Promotion \$100 for 100 days - Includes use of gym, sauna, steam rooms, pool, locker rooms, and towel service.

21st Century Pools & Spas

1801 Memorial Drive

Chicopee, MA 01020

413-532-0100

www.21stpools.com

5% discount off pools and spas, 10% discount off supplies

Cannot be combined with other offers. Must present card at the time of purchase.

A.R.T. Consulting

41 Centre St

Brookline, MA 02446

617-566-5995

www.FengShuiArt.net

20% off

Discount applies towards a minimum of 4 hours consultation.

Abundant Wellness Center

94 Chicopee St

Chicopee, MA 01013

413-592-2828

www.Abundantwellness.net

\$10 off a 1 hour massage appointment

No additional discounts or coupons can be combined with this offer

Acupuncture and Chinese Medicine

1502 Allen St

Springfield, MA 01118

413-782-9800

20% off each acupuncture session if not covered by insurance.

Agawam Eye Associates

656 Springfield St

Feeding Hills, MA 01030

413-789-2106

Eyewear provider offering a 15% discount

Agawam Opticians

338 Walnut St Ext

Agawam, MA 01001

413-786-0719

AGP-MEDICAL, LLC

P.O. Box 723

Suffield, CT 06078

860-416-0590

www.vasowraps.com

Alfred Hutt, M.D.

10 Hospital Drive

Holyoke, MA 01040

413-536-0006

Eyewear provider offering a 15% discount

All Day All Night Fitness

56 East Street

Ludlow, MA 01056

413 547 8024

www.alldayallnightfitness.com

The enrollment fee will be waived when a member joins for 1 year or longer.

ApriaAlert

1000 Resource Drive
Brooklyn Hts, OH 44131
877-972-7742
www.ApriaDirect.com

Discount is \$24.95 per month. Free Activation, No long-term contract, No monthly equipment/ rental fees.

Discount applies to ApriaAlert product only.

Balin Optical

Silk Mill 269 Locust St
Northampton, MA 01060
413-584-6666

Eyewear provider offering a 25% discount.

Contact lenses are excluded from this discount.

Baystate Eyecare Optical Shoppe

275 Bicentennial Hwy
Springfield, MA 01118
413.736.3316
www.baystateeyecaregroup.com

Bernard T. O'Connor, Esquire

1391 Main St
Springfield, MA 01103
413-781-5311

- 1) 25% off preparation of wills and other estate documents.
2) 20% off all other legal services. Offer extends to family members.*

Better Life Whole Foods

1500 Allen St
Springfield, MA 01118
413-783-9492
www.betterlifewholefoods.com

25% off of all "Better Life Whole Foods" Supplements

Cannot be combined with any other discount, coupon or promotion

Campus Opticians

300 Stafford St
Springfield, MA 01104
413-733-3590

Eyewear Provider offering a 25% discount

Cristina M. Ianello, Attorney at Law

51 Park Ave, Suite 5
West Springfield, MA 01089
413-732-0106
www.AttorneyIanello.com

15% off all legal fees - family members included.

DePalma - Saleh Salon

1365 Main Street (Market Place)
Springfield, MA 01103
413-733-2321

*We would like to offer 20% off haircuts and 25% off chemical services,
20% on waxing, and 20% off tanning packages.*

Not valid on retail or nail services.

DePalma Salon

6 University Drive
Amherst, MA 01002
413-461-3061

20% off any service

Edmunds Opticians

1223 Sumner Ave
Springfield, MA 01118
413-782-6401

Eyewear provider offering a 15% discount

Contact lenses are excluded from this discount.

Enfield Square Opticians

75 Westfield Shopping Town

Enfield, CT 06082

860-741-0893

Eyewear provider offering a 25% discount

Escape Therapeutic Massage

10 Crane Ave

East Longmeadow, MA 01028

413-244-9402

www.escapemassage.net

*\$15 discount to Health New England members only for any of our treatments for massage therapy.
Members must show ID card.*

Eye Care Center

457 Dalton Ave

Pittsfield, MA 01201

413-442-9421

Eyewear provider offering a 25% discount; 10% discount off contact lenses

Eye Care West

120 Westfield St

West Springfield, MA 01089

413-733-2316

Eyewear provider offering a 15% discount off eyeglasses

10% discount off contact lenses.

Eyecare & Eyewear Ctr

170 Main St

Agawam, MA 01001

413-789-3883

Eyewear provider offering a 25% discount

Eyesight Optical

299 Carew St
Springfield, MA 01104
413-732-4589

Eyewear provider offering a 25% discount

Feen & Bausch Optical

289 Bridge St
Springfield, MA 01103
413-734-8366

Eyewear provider offering a 25% discount.

Alternate telephone number: 413-737-3303

Fighting Arts Academy, Inc.

190 Verge St.
Springfield, MA 01129
413-543-0019
fightingartsacademy.com

20% off of \$130 monthly membership (\$104/mo)

Fitness First

60 N. Westfield St
Feeding Hills, MA 01030
413-786-1460
www.FitnessFirsthealthclub.com

Free enrollment offered to all members. One week free trial pass.

One time offer to new potential members only.

Franklin Spectacle Shoppe

489 Bernardston Rd
Greenfield, MA 01301
413-772-5800

Eyewear provider offering a 25% discount to all Health New England patients for prescription and non-prescription eyewear only.

Contact lenses are excluded from this discount.

Gary Rome Auto Group

1000 Main St
Holyoke, Ma 01040
4135364328
GoToGary.com

Hearing Care Solutions

5600 Quebec Suite 126B
Greenwood Village, CO 80111
866-344-7756
www.hearingcaresolutions.com

Fixed, discounted prices on hearing aids from \$825 to \$1,750. HNE members also receive 2 years of free batteries.

All appointments must be scheduled through the HCS toll free number 1-866-344-7756 for members to receive discounts and benefits.

Holyoke Opticians

185 High St
Holyoke, MA 01040
413-536-7670

Eyewear provider offering a 25% discount

Joseph D Hashim, O.D.

145 W Housatonic St
Pittsfield, MA 01201
413-442-0920

Eyewear provider offering a 25% discount

Kens' Eyewear

12 Hamburg St
Springfield, MA 01107
413-733-0867

Eyewear provider offering a 20% discount and two for one special

Alternate locations: 41 Court St, Westfield, MA 01085 413-562-0763; Hamp Plaza King St, Northampton, MA 01060 413-586-8456; Heritage Park Plaza, 426 N Main St, East Longmeadow, MA 01028 413-525-4888

Look Memorial Park

300 North Main St
Florence, MA 01062
413-584-5457
www.LookPark.org

One free child ride on the train with one paid adult ride.

Ludlow Eye Associates

200 Center Street
Ludlow, MA 01056
413-583-3600

Eyewear provider offering a 15% discount. Contact lenses are excluded from this discount.

Massachusetts 4 Sale By Owner

13 Knight Ave.
Easthampton, MA 01027
413-539-7950
www.ma4salebyowner.com

\$50 off our Deluxe Listing package (valued at \$149) includes virtual tour, HTML ad creator, mapping, social media and 100% for sale-by-owner marketing support.

Namaste Yoga/Center for Health

2341 Boston Rd
Wilbraham, MA 01095
413-279-1130
www.namasteyogacenter.org

5% off; 15 class package and single person monthly unlimited package. Initial purchase only.

Not combined with other promotions. Valid on initial purchase only for the two packages as listed.

Occupational Health and Wellness Management

85 Emerald St Suite 115
Keene, NH 03431
603-352-5595
www.occupationalhealthwellness.com

OHWM provides a variety of health screenings for your employees including: cholesterol/glucose, blood pressure and BMI, bone density, PSA, and spirometry. We are offering Healthcare New England members 10% off any worksite health screening offered to their employees.

Optical Expressions

Bicentennial Plaza 1514 Allen Street

Springfield, MA 01118

413-783-8800

www.opticaexpressionsmass.com

Eyewear provider offering a 25% discount

Optical Studio

274 Pleasant St

Northampton, MA 01060

413-584-6616

www.opticalstudioweb.com

Eyewear provider offering a 15% discount. Contact lenses are excluded from this discount.

Peter J Kelly, MD

362 Sewall St

Ludlow, MA 01056

413-589-1806

peterjkellymd.com

Eyewear provider offering a 20% discount off eyeglasses.

Alternate location: 1504 N Main St, Palmer, MA 01069 413-283-2033

PURELE brows

233 North Pleasant St, Unit 2

Amherst, MA 01002

4135493900

<http://www.facebook.com/purelebrows>

1 Free eyebrow shaping service when you get 4 eyebrow shaping service done with us.

Ride Noho, Inc.

54 Middle Street

Florence, ma 01062

413-586-6013

<http://ridenoho.com/camps.html>

\$50 discount given on Instructional Camps including 'My First Road Bike Camp', 'Intermediate Skills Camp' and a four session Personal Coaching package.

Subject to availability and discount cannot be combined with other discounts

Russo Opticians

1025 Westfield St
West Springfield, MA 01089
413-734-5502

Eyewear provider offering a 15% discount

SafeBeginnings

13 Alexander Road
Billerica, MA 01821
1-800-598-8911
www.safebeginnings.com

15% off online and mail order purchases

Shoshana P Fitness

576 North maion Street
East Longmeadow, MA 01028
413-433-1917
www.shoshanapfitness.com

Southampton Opticians

15 B College Hwy
Southampton, MA 01073
413-527-5613

Eyewear provider offering a 25% discount

Southwick Opticians

Gristmill Plaza Route 202
Southwick, MA 01077
413-569-6446

Eyewear providers offering a 25% discount

Specs Perry

809 Williams St

Longmeadow, MA 01106

413-567-3944

Eyewear provider offering a 15% discount

Springfield Museums & Dr. Seuss Natl Memorial

21 Edwards St

Springfield, MA 01103

1-800-625-7738

www.springfieldmuseums.org

\$2 off an adult general admission with HNE ID card.

StubZero.com

129 Vogel Rd

Butler, PA 16002

877-702-1298

<http://www.stubzero.com>

Tae Kwon Do Center, Inc.

102 Federal St

Greenfield, MA 01301

413-774-5395

www.greenfieldtkd.com

20% off regular membership: regular membership \$50/month, discount of \$10/month = \$40/month membership.

Not valid with any other offers.

The Centered Place Yoga Studio

286 Bridge St

Warren, MA 01083

1-800-815-7374

www.thecenteredplace.com

10% discount on yoga classes and yoga therapy.

Not applicable to special events and workshops. Not valid with other discounts.

The Eric Carle Museum

125 West Bay Rd

Amherst, MA 01002

413-658-1100

Buy one adult Museum Admission, get one youth Museum Admission free with membership card

Not valid with other offers or discounts

The Eyeglass Company

1268 Sumner Ave

Springfield, MA 01118

413-782-6166

Eyewear provider offering a 15% discount

The Spectacle Shoppe of Wilbraham

1964 Boston Rd

Wilbraham, MA 01095

413-543-4520

Eyewear provider offering a 25% discount

Thoren Optical & Safety Products

33 Grove St

Chicopee, MA 01020

413-592-1199

Eyewear provider offering a 15% discount

Tibbetts Optical

170 Main St STE E

Monson, MA 01057

413-267-4200

Tibbettsoptical.com

15% off on all eyeglass frame and lens purchases. No Discount on Contact Lenses.

Valley Therapeutic Massage

16 Center Street #309

Northampton , Ma.01060

AND
148 Amity Street
Amherst, Ma. 01002
413-586-2678
ValleyTherapeuticMassage.com

25 % discount off the one hour Therapeutic Massage. Limit of 5 sessions per customer.

Village Eye Care

7 Hadley St
South Hadley, MA 01075
413-536-6100

Eyewear provider offering a 15% discount.

Vision Associates

78 Main St
Northampton, MA 01060
413-584-2121

Eyewear provider offering a 15% discount.

Vision Centre

194 E Main St
Westfield, MA 01085
413-568-0180

Eyewear provider offering a 25% discount

Vision Showcase

359 Russell St
Hadley, MA 01035
413-584-8324

Eyewear provider offering a 25% discount

Visions of Longmeadow

471 Longmeadow St
Longmeadow, MA 01106

413-567-6242

Eyewear provider offering a 15% discount

Wise Touch Healing Massage Therapy & Yoga

14 Commonwealth Ave, Great Barrington, MA

Great Barrington, Ma 01230-1256

4137701558

www.wisetouch.net

YMCA in Greenfield

451 Main St

Greenfield, MA 01301

413-773-3646

www.ymcagreenfield.com

*10% off an 8 week program for each family member once per year Sept-May (no other offers apply);
50% off the daily usage fee on Sundays*

YMCA of Greater Springfield

275 Chestnut St

Springfield, MA 01104

413-739-6951

www.springfieldy.org

*10% discount off our joiners fee and monthly dues at either the Springfield or Scantic branches.
Participants may not have more than 1 discount on their membership.*

Zoar Outdoor

7 Main St

Charlemont, MA 01339

1-800-532-7483

www.zoaroutdoor.com

\$5 per person off any weekday rafting adventure.